

# Warm Up #1

Rick Puzzo

## SECTION 1

5

R \_\_\_\_\_ L \_\_\_\_\_ R \_\_\_\_\_

L \_\_\_\_\_ R \_\_\_\_\_ L \_\_\_\_\_

## SECTION 2 - One Hands/Alternating Strokes

9

R \_\_\_\_\_ R L R L R L R L R R R R L L L L L R L R L R L R L L L L

12

R R R R R R L R R L R R L R R L L L L L L L R L L R L L L L

15

R R R L R R L R R L R R R L R R L R R L R L R L R L L L L R L L R L L R L

## SECTION 3 - One Hands/Alternating Strokes with Accents

18

R \_\_\_\_\_ R L R L R L R L R R R R L L L L L L R L R L R L R L L L L

21

R R R R R R L R R L R R L R R L L L L L L L R L L R L L L L

24

R R R L R R L R R L R R R L R R L R R L R L R L R L L L L R L L R L L R L

27

R R R R R R R R R L R L R L R L R L R L R L R L R L R R R R R R R R R R

30

L R L R L R L R L R L R L R L L L L L L L L L L L

## Section 1

1st time: *mf*  
 2nd time: *f*  
 3rd time: *p*  
 4th time: *cres* each hand  
 5th time: *desces* each hand

## Section 2 and 3

1st time: *mf*  
 2nd time: *f*  
 3rd time: *p*