

# Warm Up #1

## Cross and Sweep Patterns

### SECTION 1

5

R \_\_\_\_\_ L \_\_\_\_\_ R \_\_\_\_\_

L \_\_\_\_\_ R \_\_\_\_\_ L \_\_\_\_\_

### SECTION 2 - One Hands/Alternating Strokes

9 Lethal Injection Crossed Seven

R R R R R L R L R L R L R R R R L L L R L R L R L R L R L R L R L R

12 Lethal Injection Lethal Injection

R R R R R L R L R L R L R R L L L L R L R L R L R L R L L L

15 Crossed Seven Quadruple Cross

R R R L R L R L R L R L R L R L R R R R L L L L R R R R L L L L R R R R

### SECTION 3 - One Hands/Alternating Strokes with Accents

18 Lethal Injection Crossed Seven

R \_\_\_\_\_ R L R L R L R L R R R R L L L R L R L R L R L R L R L R

21 Lethal Injection Lethal Injection

R R R R R L R L R L R L R R L L L L R L R L R L R L R L L L

24 Quadruple Cross

R R R L R L R L R L R L R L R L R R R R L L L L R R R R L L L L R R R

## 27 Outward Sweep

Musical notation for 'Outward Sweep' consisting of three measures of rhythmic patterns on a single staff. The first measure contains six eighth notes, the second contains six eighth notes, and the third contains six eighth notes. The notes are grouped in pairs of three.

R R L L R R L L R R L L R R L L R R L L R R L L R R L L R R L L

## 30 Inward Sweep

Musical notation for 'Inward Sweep' consisting of three measures of rhythmic patterns on a single staff. The first measure contains six eighth notes, the second contains six eighth notes, and the third contains six eighth notes. The notes are grouped in pairs of three. The final note of the third measure is followed by a fermata.

R R L L R R L L R R L L R R L L R R L L R R L L R R L L L

## Section 1

1st time: mf  
 2nd time: f  
 3rd time: p  
 4th time: cres each hand  
 5th time: desces each hand

## Section 2 and 3

1st time: mf  
 2nd time: f  
 3rd time: p